

## We're Here for You!

To access our services please contact our service center for additional information. Northside accepts Medicaid and Medicare HMOs, some Commercial insurance, and receives state funding for some services. Please contact us to determine if you are eligible for this funding. A sliding fee scale option is also available.

All Outpatient services provided at our Main Center begin with an intake assessment provided by a qualified therapist who completes a biopsychosocial evaluation and makes necessary recommendations and referrals for care and treatment options. These services are provided via Open Access/Walk In- no appointment is necessary. Open Access is available at the Main Center Monday thru Thursday 8 am to 2pm.

The Community Support Services Division serves adults with a serious and persistent mental illness who are 18 years and older who have a diagnosable behavioral disorder that has resulted in functional impairment which substantially interferes with or limits one or more major life activities. A referring agency representative or a self-referral makes contact with the staff via telephone or written application or in person. The respective staff member completes a screening form and if it is determined that the applicant is eligible, the staff schedules an intake appointment within five (5)

business days. Depending on availability and need, urgent appointments may be scheduled sooner.

### Main Center

12512 Bruce B. Downs Blvd. Tampa,  
FL 33612-9209  
Phone: (813) 977-8700

## MISSION STATEMENT

Our mission at Northside Behavioral Health Center is to provide individuals and families the highest quality of comprehensive, innovative and affordable behavioral health care services thus enabling a path for those in need to a productive recovery and an enriched quality of life

## VISION STATEMENT

Guided by the belief that individuals and families can and do benefit from treatment of behavioral health conditions, we will continue to provide the highest quality care to those in need. We will be a voice for behavioral health issues including increased resources, financial and intellectual, championing the needs of those who struggle, and the expansion of public awareness and activism.

# Northside

**BEHAVIORAL HEALTH CENTER**



**Northside Behavioral Health Center**

**12512 Bruce B. Downs Blvd.**

**Tampa, FL 33612-9209**

**Phone: (813) 977-8700**

**Fax: (813) 971-2029**

**Web Site: [www.northsidebhc.org](http://www.northsidebhc.org)**

A Private Not-For-Profit Corporation  
Accredited by the Joint Commission on  
Accreditation of Health Care  
Organizations  
Partially Funded by the  
Department of Children and Families

These services are at the Main Center located on Bruce B Downs Blvd. and are available to children and adults who meet the admission criteria. Spanish-speaking therapists available.

### **COUNSELING SERVICES**

- Individual adult, child & family counseling
- Group counseling
- Specialized counseling for children ages 0-6
- Juvenile sex offender treatment
- TANF mental health counseling & support services

### **PSYCHIATRIC OUTPATIENT SERVICES**

- Psychiatric evaluations
- Medication management
- On-site pharmacy services provided by Genoa Pharmacy.

### **RESIDENTIAL PROGRAMS**

- Two group homes
- Supervised apartments
- Satellite apartments
- Community apartments

### **ADULT TARGETED CASE MANAGEMENT SERVICES**

- Targeted Case Management Services provides assessment, planning, linkage, monitoring, and advocacy to help persons remain community-based and free of psychiatric inpatient hospitalization. Services are primarily provided in the community.

### **CRISIS STABILIZATION UNIT (CSU)\*\***

The CSU is designed to stabilize and redirect individuals to the most appropriate and least restrictive community setting available, consistent with the client's needs. Individuals are provided 24-hour observation, medication prescribed by a physician or psychiatrist, and other appropriate services.

\*\* For adults only, who meet the admission criteria

### **FLORIDA ASSERTIVE COMMUNITY TREATMENT (FACT) TEAM**

- Serves primarily adults with severe and persistent mental illnesses who have co-occurring problems, or are homeless or involved in the judicial system
- A multi-disciplinary team that assumes responsibility for directly providing acute, active and on-going community-based psychiatric treatment to maximize a client's recovery ensure client-directed goal setting, assist in helping those served become respected members of their community.

### **FORENSIC PROGRAMS**

Northside Forensic Services provide mental health counseling, psychiatric services, psychiatric medications and coordination of Discharge Plans and transition to assist with community reintegration. The Community Forensic Programs link clients who have had involvement with the criminal justice system and who have a mental illness to services. The goals for this program are also to assist with community reintegration.

### **PATHWAYS**

Pathways is an new and innovative program providing coaching and navigation to patients and families who are seeking help for mental health and substance abuse issues. This program will assist individuals and their families on their journey through the maze of mental illness and addiction, coating, and connecting them with urgent and routine clinical resources in Hillsborough County.

### **INTERMEDIATE CARE PROGRAM (ICP)**

Individuals whose complex mental health and substance abuse needs not currently being met by the existing system of care who are frequently homeless and repeatedly seek costly treatment through hospital emergency departments, crisis stabilization units, and detoxification units without reaching the optimal goal of recovery are the most vulnerable populations in Hillsborough County who will benefit from the ICP. Participants must be enrolled in the Hillsborough County Health Plan; would not require inpatient crisis stabilization and/or detoxification treatment, but their care needs would exceed the needs of traditional residential/outpatient care. The ICP will afford them residential placement for a sufficient period for recovery and full reintegration into their respective communities.